



LIVE HAPPY, LIVE HEALTHY

Discover what's NEW at the Marietta Family YMCA and take advantage of our current membership promotion!

Join us now for only...

- \$35.00/month for an Adult Membership
- \$45.00/month for a Couple Membership



Currently offered are over 40 group exercise classes including SilverSneakers®*, TRX, Muscle Madness, Body Shop, Gravity, Cycling, Yoga, Zumba and more which are included in your membership. Additional classes and cardio equipment are being added! Visit our website for the Group Exercise Schedule, call or stop by.

For fitness, wellness, exercises and other information on activities held at our location in Broughton Complex 1, contact mickler@mariettaymca.org, call 740-336-1041 or visit our website.

The Marietta Family YMCA, a strong community partner with a rich history since 1902, we are thrilled to have the opportunity to expand the YMCA fitness/ wellness programs in our facility located in the heart of the Broughton Nature & Wildlife Education Area! This is a wonderful partnership that will enhance outdoor exercise with **your** YMCA right in the middle of it all!

In addition to our Broughton location, the Marietta Family YMCA Childcare Center is located at 1303 1/2 Colegate Drive in Marietta. For childcare information, please call 740-373-2250 or email tstille@mariettaymca.org.

* The SilverSneakers® Fitness Program is offered in partnership with select health plans at no additional cost to the eligible members ages 65 years and older. Any eligible participant is entitled to a basic membership to the Marietta Family YMCA. This membership includes participation in the SilverSneakers® classes, other classes offered by the YMCA, guidance from qualified instructors, social activities, and the use of the YMCA facilities. Contact us to find out if you qualify.



Discover what's NEW at the Marietta Family YMCA!
The Marietta Family YMCA is much more than just a gym!

Conveniently located at...



Marietta Family YMCA • Broughton Complex 1, Building 3 • 635-B State Route 821 • Marietta, OH 45750 • 740-336-1041

www.mariettaymca.org